

CHILD LIFE[®] ESSENTIALS

Nutrition
for Kids![®]



Prenatal DHA Omega-3s for Mom & Baby

500mg
DHA
per capsule

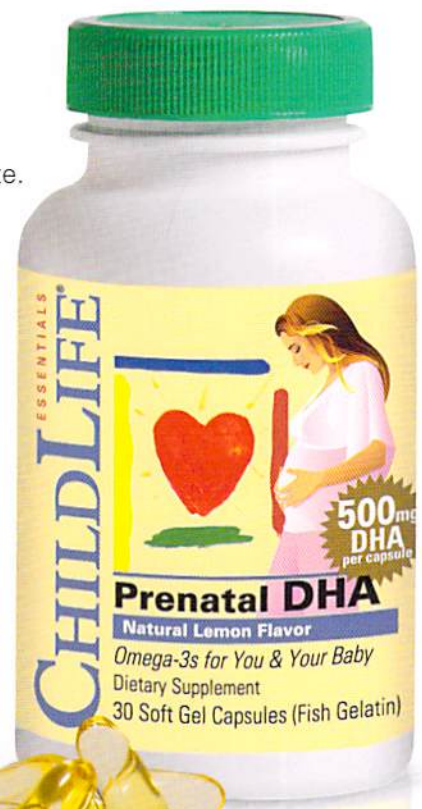
500 mg of DHA in each **fish gelatin** soft gel!

Natural Lemon Flavor

30 Soft Gel Capsules (Fish Gelatin)

- **ChildLife[®] Prenatal DHA provides the highest level of DHA in each soft gel**
- **DHA is critical in pre- and postnatal care and its importance cannot be overstated**
 - Supplementing with DHA during pregnancy is important for healthy brain and eye development of the baby in utero and throughout infancy¹
 - Fish oil supports healthy birth weight and length of a healthy pregnancy²
 - Infants born to mothers with higher blood levels of DHA have advanced attention spans well into their second year of life³
- **ChildLife[®] Prenatal DHA utilizes the highest quality fish oil:**
 - Each batch is tested for any contaminants, PCB's, dioxins, metals, mercury or other toxins & exceeds all standards for the highest purity
 - Fish oil is a safe and pure way to promote the optimal health of both baby and mom
- **Easy to take for Pregnant Mom's!**
 - Natural lemon flavor. No fishy smell or aftertaste.

All Natural! ChildLife Prenatal DHA is gluten free, casein free, alcohol free. Contains no egg, soy, wheat, yeast, or corn. No artificial colorings, flavorings, or sweeteners. Non-GMO.



Supplement Facts		
Serving Size: 1 Soft Gel		
Serving Per Container: 30		
Amount Per Serving		% DV*
Calories	8	
Calories from fat	7	
Total Fat	0.8 g	1%
Saturated Fat	0.2 g	1%
Cholesterol	8 mg	3%
Omega-3 Fatty Acids	545 mg	†
DHA (Docosahexaenoic Acid)	500 mg	†
EPA (Eicosapentaenoic Acid)	45 mg	†
Mixed Tocopherols	1 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Fish Oil, Soft Gel (Fish Gelatin), Glycerin, Purified Water, Natural Lemon Flavor. Contains Fish.

Suggested Use:
Take 1 soft gel daily with meals.

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Nutrition for Kids![®]

A complete nutritional program formulated specifically for infants & children by Homeopathic Pediatrician Dr. Murray Clarke, D. Hom., L. Ac.

- Doctor Developed
- Great Taste!
- Non-GMO
- Gluten Free
- Alcohol Free

For more information:
www.childlife.net

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¹ Martinez M. Tissue levels of polyunsaturated fatty acids during early human development. *Pediatr*; 1992;120:S129-38.
² Szajowska H, et al. Effect of n-3 long-chain polyunsaturated fatty acid supplementation of women with low-risk pregnancies on pregnancy outcomes and growth measures at birth: a meta-analysis of randomized controlled trials. *Am J Clin Nutr* 2008; 83:1337-44.
³ "Pregnancy and Prenatal Vitamins," www.webmd.com/baby/guide/prenatal-vitamins, accessed December 3, 2010.